

## **OPPORTUNISTIC DATA TRANSFER FROM A PERSONAL DIGITAL APPARATUS**

### **ABSTRACT OF THE DISCLOSURE**

5           The opportunistic data download method determines a preferred download time to download the accumulated data from a personal digital apparatus, such as a wristwatch-type device with sensors. The personal digital apparatus then polls for the download device at the download time. The personal digital apparatus may be Bluetooth-compliant and use the Bluetooth auto-discovery process as the polling  
10           operation. If the polling operation is unsuccessful at the download time, the polling operation is attempted at an updated download time. If the updated download time is a time during which the polling operation is successful, this time is used for downloading the accumulated data to the download device for all subsequent download operations.